

To register for Parents Forever,
please fill out the registration slip
and return to:

Fairmont CER
714 Victoria Street
Fairmont MN 56031

* If you prefer to register by phone,
call (507) 235-3141.

Name _____

Address _____

Phone _____

Session _____

Cost—\$40.00

I will contact Connie, at (507)
238-3205, Martin County Court
Administration, to see if fee can
be partially or fully waived.



Collaborators:

University of Minnesota Extension Service
Martin County Court Services
Martin County Human Services
Martin County Bar Association
Martin County Ministerial Association
Fairmont Community Education & Recreation



For information on
Parents Forever contact:

To Register Contact:
Fairmont CER Office
(Community Education & Recreation)
Phone: (507) 235-3141

Main Contact:
Sandie Syverson
Parents Forever Coordinator
Phone: (507) 235-8167

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**PARENTS
FOREVER**

EDUCATION FOR FAMILIES
IN DIVORCE TRANSITION

2009 Program

Parents Forever

This four-session class is a curriculum for families in divorce transition, giving parents some tools to make it smoother for all involved. The following is a synopsis of the weekly topics:

Impact of Divorce on Adults

Adults feel the impact of divorce in many ways. Impact of Divorce on Adults focuses on taking care of oneself, including recognizing and managing both anger and stress. Also presented are safety issues, including spousal abuse, child abuse, and sexually transmitted diseases.

Impact of Divorce on Children

Children are often hit the hardest during divorce. The two people they love most have decided they no longer love each other. Children may feel at fault. They may feel in the middle. Impact of Divorce on Children focuses on what children are likely to experience, how parents can help their children through this time of transition, and how to make a parallel plan.

Money Issues in Divorce

Finances are often difficult for all married couples; they are even more challenging during and after divorce as the financial resources and child-care costs are split. Financial Issues will help parents better understand the present and long-term costs of raising their children. Such knowledge will help parents make more informed decisions about practical financial issues that will support their children. A group of financial and business management educators developed this component of the curriculum.

Legal Issues and the Role of Mediation in Divorce

This material offers an introduction to common legal practices and the vocabulary of the divorce process. In addition, an introduction to mediation is presented, so that parents can review this option to resolving decisions that need to be made in divorce.

Pathways to a New Life

This book presents a discussion on communication skills and creating yourself anew, plus challenges and suggestions for possible directions the parents' future life may take: reconciliation with the other parent, single parenting, new relationships, and remarriage. It also provides a conclusion to the curriculum, highlighting important points from each session, and giving evaluation material to be used by the sites for future Parents Forever programs.

Session I

Five Lakes Elementary School
714 Victoria Street
Media Center Classroom
Fairmont, MN
March 10, 17, 24, 31 ~ 2009
Tuesday's—6:30—9:30 p.m.

Session II

Five Lakes Elementary School
714 Victoria Street
Media Center Classroom
Fairmont, MN
June 9, 16, 23, 30 ~ 2009
Tuesday's— 6:30-9:30 p.m.

Session III

Five Lakes Elementary School
714 Victoria Street
Media Center Classroom
Fairmont, MN
October 6, 13, 20, 27 ~ 2009
Tuesdays—6:30-9:30 p.m.

Time: 6:30-9:30 p.m.

Cost: \$40.00 paid at time of registration

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