### Top 20 Training Paul Bernabei Tom Cody

Top 20 Mission:

To enable people to discover their inner power to reach their potential and make a positive difference in their lives and the lives of others.

# Top 20 Training

Exploding our potential with SELF : aware of thinking with OTHERS : "You matter"

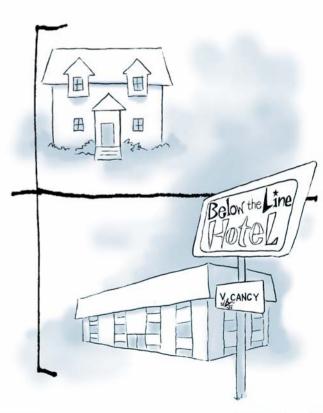
## Your Bike: The Line

#### **Above the Line**

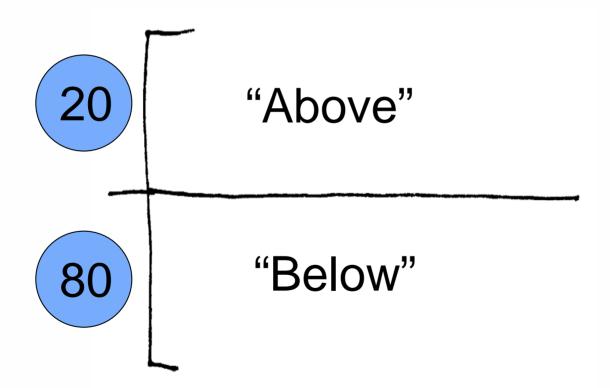
Thinking is serving us in our best interests

#### **Below the Line**

- Thinking is <u>NOT</u> serving us in our best interests
  - Live and Visit



#### How do you sound?



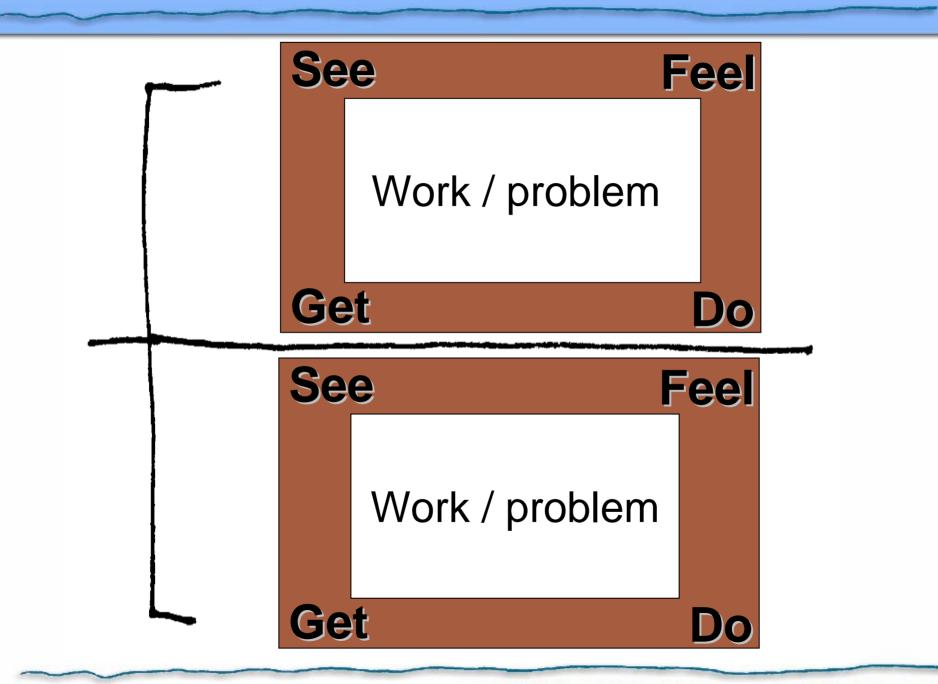
## The Line

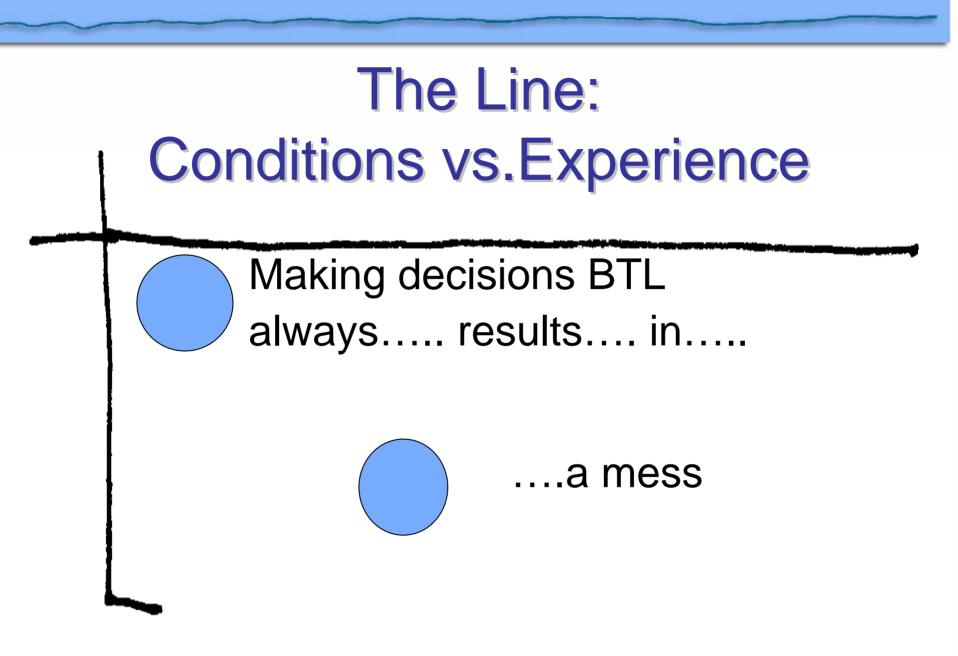
\* How do we see when we go: ATL? BTL?



 Keeping your May 24th!

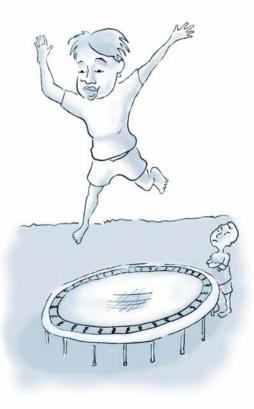






#### The Line

- Wake up to:
  - Triggers
  - Indicators
  - Submarines
  - Trampolines



#### **Beth: The Line**

#### Power and Control of Inside: EXPERIENCE

#### Victim of Outside: CONDITIONS

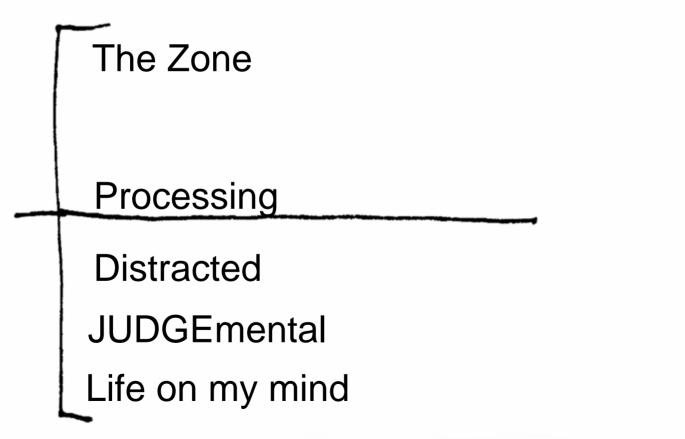
# Top 20 Training

Communicating that "you matter:

- \* Seek others' benefit
- \* Listen to understand
- \* Value differences
- \* Honor the Absent

## **Listening Levels**

Listening like a Tape recorder on RECORD : "You matter"



#### **Listening Levels**

"Wired" for Zone

 Just eliminate the other levels

	1
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Real Real Real Real Real Real Real Real	do
JUDGMENTRI 	
DISTRACTED	

### **Today's Listening**

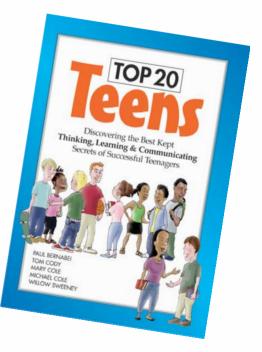
"Not Now", "Parking Lot"

Awareness is Curative

The End inning! TSegmining!

Taking it on, Passing it on

 Coming Attractions:
– Contact DHS for further Top 20 trainings

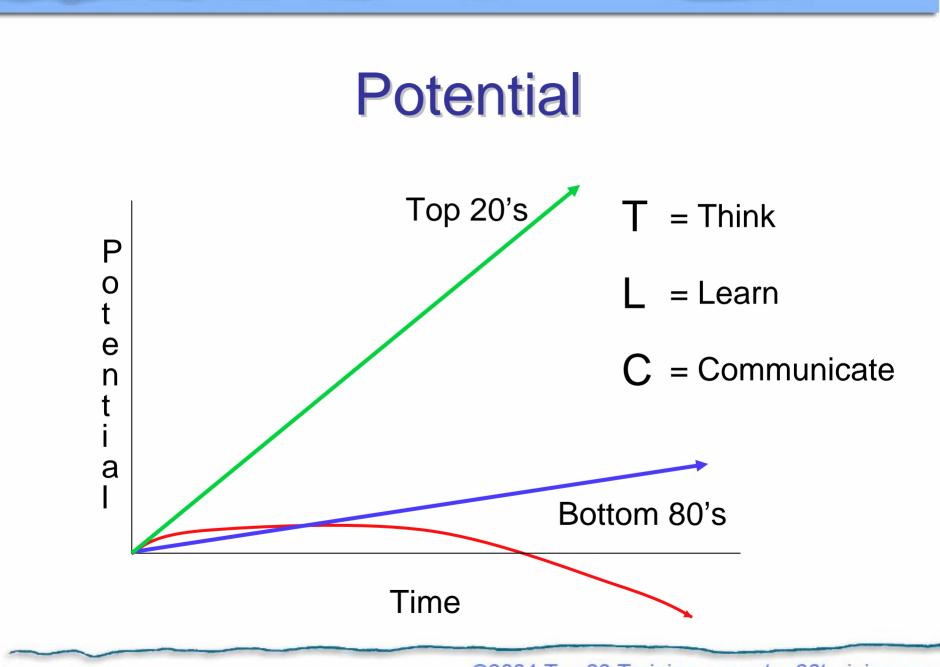


<u>"Top 20 Teens" Books, Manual</u>

#### **Contact Info**

- Web: <u>www.top20training.com</u>
- Email: <a href="mailto:info@top20training.com">info@top20training.com</a>

 Phone: Paul Bernabei #651 690 5758



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