THE ROLE OF RACE AND CULTURE IN SUBSTANCE ABUSE AND CHILD ABUSE/NEGLECT

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GOAL OF PRESENTATION

■ To provide a theoretical framework that will increase your understanding of the social and cultural factors influencing drug use and violence in the form of child abuse and neglect in communities of color

To provide a conceptual model that may be useful in guiding treatment plans and interventions for substance use and violence

CENTRAL QUESTIONS

- What does it mean to be a person of color in the U.S.?
- How do the experiences of people of color differ from the experiences of other groups in the U.S.?
- How do these experiences shape the development of people color and influence their risk for drug use and/or violence in the form of child abuse and neglect?

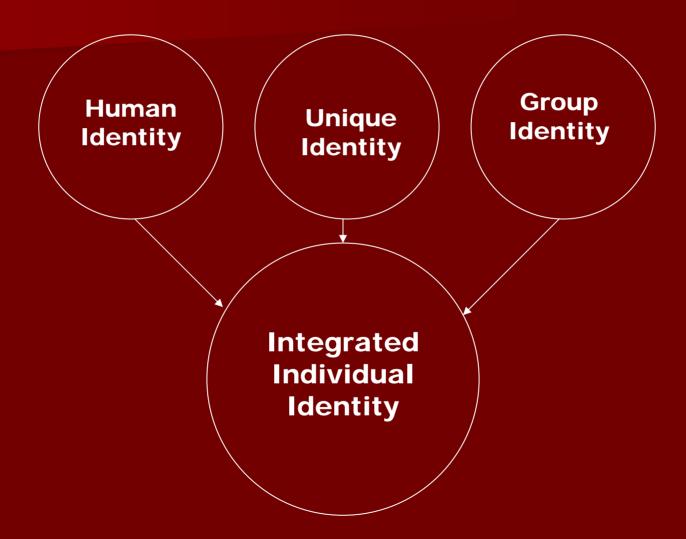
AREAS INFLUENCING RISK OF DRUG USE AND VIOLENCE

PSYCHOLOGICAL FUNCTIONING

PHYSIOLOGICAL FUNCTIONING

SOCIAL FUNCTIONING

LEVELS OF PERSONAL IDENTITY



THE SOCIAL HIERARCHY AND RISK FOR SUBSTANCE USE AND VIOLENCE

SOCIAL HIERARCHY AND RISK

■ YOUR PLACE IN SOCIETY
AFFECTS YOUR RISK OF DRUG
USE AND VIOLENCE

SOCIAL HIERARCHY AND RISK

WHAT DETERMINES YOUR POSITION IN THE LARGER SOCIETY?

- RACE/ETHNICITY
 - GENDER

SYSTEMS OF RACISM AND SEXISM

CREATE DOMINANT AND SECONDARY SOCIAL GROUPS THAT DIFFER IN POWER AND ACCESS

RESULTS IN POOR HEALTH
OUTCOMES AND
INCREASED RISK FOR
SUBSTANCE USE AND
VIOLENCE

SECONDARY SOCIAL GROUPS IN THE U.S.

PEOPLE OF COLOR

WOMEN OF COLOR

ITS IMPACT ON RISK OF SUBSTANCE USE AND VIOLENCE

RACE IS A SOCIALLY DEFINED CONSTRUCT

DISCRIMINATION HAS BEEN A DEFINING VARIABLE IN THE LIFE EXPERIENCE OF PEOPLE OF COLOR IN THE U.S.

THE EFFECTS OF
GENERATIONS OF
DISCRIMINATION ARE PASSED
ON THROUGH
INTERGENERATIONAL
TRANSMISSION OF TRAUMA

HISTORICAL TRAUMA AND LOSS

LESSONS OF SURVIVAL ARE PASSED FROM ONE GENERATION TO THE NEXT

RACE/ETHNICITY AND SES

ARE NEITHER EQUIVALENT NOR INTERCHANGEABLE

IMPACT OF SECONDARY SOCIAL STATUS ON PSYCHOLOGICAL FUNCTIONING

PSYCHOLOGICAL DYSFUNCTION AND DISTRESS ARE RISK FACTORS FOR DRUG USE AND VIOLENCE

POWERLESSNESS
ALIENATION
HOPELESSNESS
ANGER
DEPRESSION

- EXPOSURE TO DISCRIMINATION CAN BE TRAUMATIC
- PSYCHOLOGICAL DYSFUNCTION IS RELATED TO DISCRIMINATION
- PSYCHOLOGICAL DYSFUNCTION IN RESPONSE TO DISCRIMINATION IS AN ADAPTIVE RESPONSE TO A DYSFUNCTIONAL SOCIAL ORDER

DEHUMANIZES INDIVIDUALS AND DISEMPOWERS THEM

SILENCING

VIOLENCE

INTERNALIZED OPPRESSION

WOMEN OF COLOR

MULTIPLE JEOPARDIES

- Power differences
- Gender roles and expectations
 - **Fear of violence**

WOMEN OF COLOR

IMMIGRANT WOMEN WHO ARE MORE ACCULTURATED ARE AT HIGHER RISK FOR DRUG USE AND OTHER POOR OUTCOMES

IMPACT OF SECONDARY SOCIAL STATUS ON HEALTH AND PROTECTIVE BEHAVIOR

SECONDARY SOCIAL STATUS IMPACTS YOUR MOTIVATION TO ENGAGE IN HEALTHY BEHAVIORS AND TO PROTECT YOURSELF AND YOUR CHILDREN FROM HARM

PREREQUISITE FOR HEALTHY BEHAVIORS AND FOR PROTECTING SELF AND FAMILY

■ PERCEPTIONS OF CONTROL OVER LIFE OUTCOMES

■ FEELINGS OF CONTROL INCREASE MOTIVATION TO PROTECT ONESELF AND OTHERS

IMPACT OF SECONDARY SOCIAL STATUS ON PHYSIOLOGICAL RESPONSES

 EXPOSURE TO DISCRIMINATION IN MEMBERS OF SECONDARY SOCIAL GROUPS RESULTS IN HEIGHTENED PHYSIOLOGICAL RESPONSES

■ WOMEN REPORT MORE DISTRESS

PHYSIOLOGICAL RESPONSES TO DISCRIMINATION

MICROAGRESSIONS MAY RESULT IN A CHRONIC STATE OF ANXIETY AND FEELINGS OF POWERLESSNESS

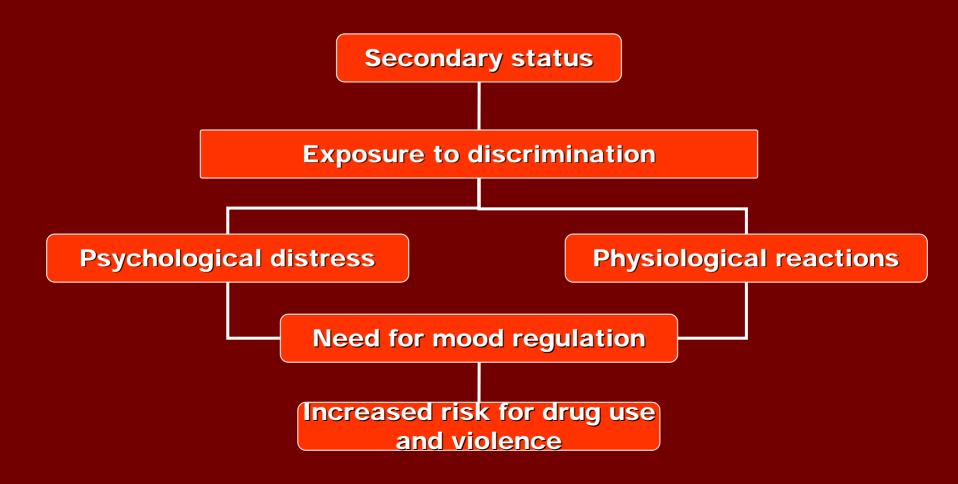
DRUG USE INCREASES TO REGULATE MOOD

■ FEELINGS OF POWERLESSNESS LEAD TO VIOLENCE

SPECIFIC IMPACT OF SECONDARY SOCIAL STATUS ON DRUG USE

- ANIMAL STUDIES SHOW THAT SECONDARY SOCIAL STATUS IS ASSOCIATED WITH CHANGES IN DOPAMINE AND GREATER DRUG USE
- CONTROL OF THE ENVIROMENT AND RESOURCES ALTERS DOPAMINE SYSTEMS
- ARE DOPAMINE LEVELS RELATED TO VIOLENCE?

MODEL OF THE EFFECTS OF SECONDARY SOCIAL STATUS



IMPLICATIONS FOR TREATMENT

 RESILIENCY IN MEMBERS OF SECONDARY SOCIAL GROUPS MAY BE TIED TO INDIVIDUAL EMPOWERMENT AND SOCIAL ACTION

TREATMENT MUST EVALUATE

Culture of origin

Dominant culture

Culture of discrimination