



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

What's Next for Lawyer Well-Being? Ask LCL.

Last year 400 lawyers received services from LCL. We can work with you to promptly recognize and respond to substance use, mental health, and well-being issues.

- PROFESSIONAL SUPPORT. Receive free and confidential peer and professional support to lawyers, judges, law students, their organizations, and family members throughout Minnesota. This includes up to **four counseling sessions**, a **24/7 hotline**, **referrals** to resources, and several **support groups**.
- **PROGRAMS** are delivered in legal workplaces on well-being, impairment, bias, stress management and related issues and can be customized for your needs. Elimination of Bias or Ethics CLE credit is available.
- GET COACHING on how to reach out to a friend or colleague who may be struggling. Supervisory referrals and continued support for the lawyer and organization are included.
- CRITICAL INCIDENT RESPONSE is available if a tragedy or crisis impacts a firm, organization, or family.
- LCL **helps lawyers get into treatment** and, through the generosity of donors, has a fund to help pay for mental health or substance treatment and related services.

LCL supports lawyers in their recovery from any well-being issue. Since its founding in 1976, LCL has served thousands who have returned to the profession better than before. LCL also helps legal organizations consider policies and practices to reduce risk and enhance well-being.

Watch for information about LCL's Celebration of Recovery and Well-Being event.

Contact help@mnlcl.org with requests or to arrange programming or other services. LCL is partially funded through lawyer license fees and greatly appreciates your support. Please visit <https://www.mnlcl.org> to learn more or donate.