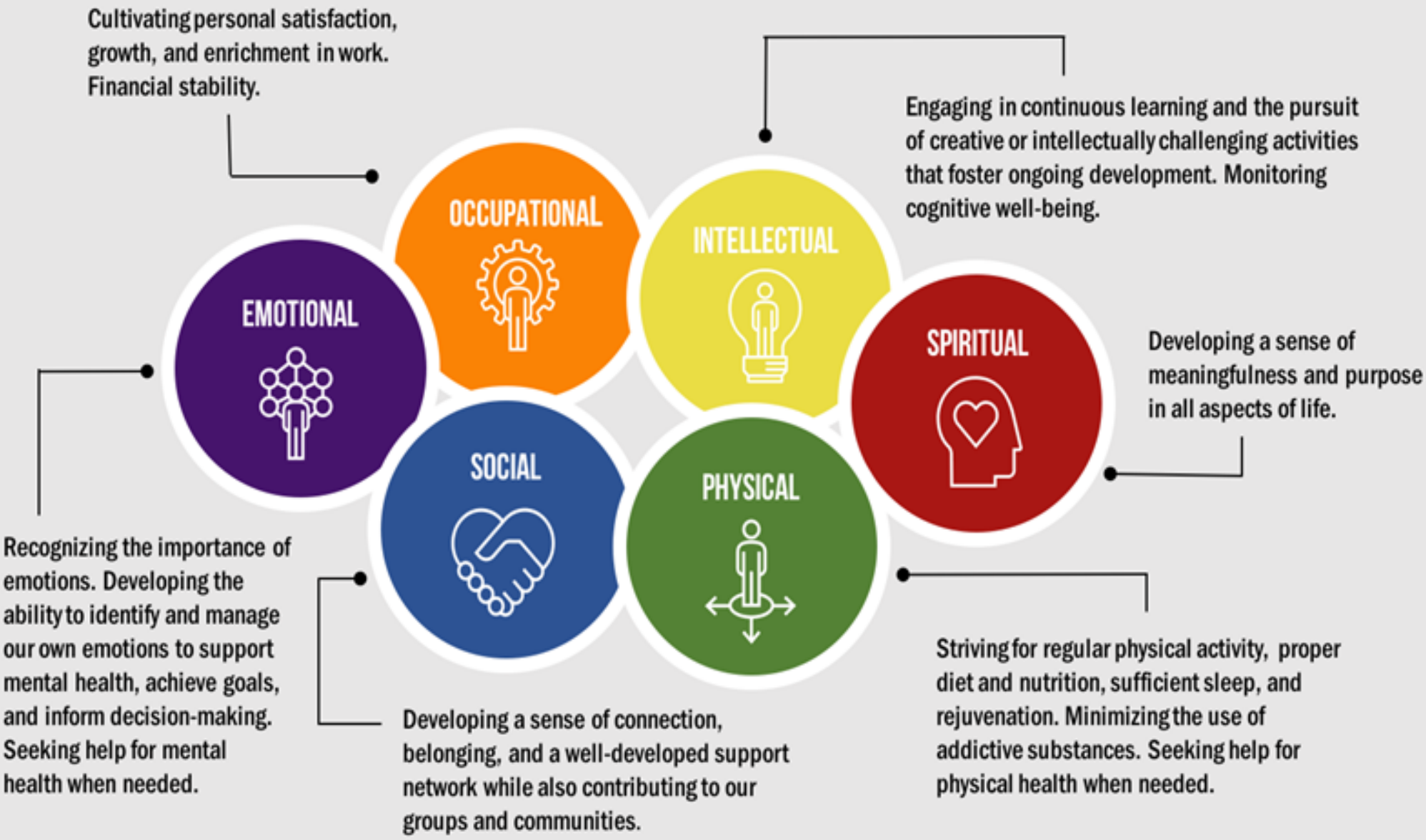A continuous process in which lawyers strive for thriving in each dimension of their lives: