MPD Impact Weapon Striking Chart

Low Impact Weapon Strike

Intermediate Impact Weapon Strike

High Impact Weapon Strike

Target Areas
Areas of the body include: upper and lower arms and legs, shoulders, elbows, knees, and hands and feet shown as the "green zones". Injury tends to be temporary rather than long lasting, however exceptions can occur.

Target Areas
Areas of the body include: joints, ribs, collar bone, upper arm, and groin shown as the "yellow zones". Injury tends to be more long-lasting, but may also be temporary.

Target Areas
Areas of the body include: the head, neck, spine, larynx, and solar plexus shown as the "red zones". Injury tends to range from serious to long lasting rather than temporary, and may include unconsciousness, serious bodily injury, shock or death.

MPD Defense & Control - Response Training Guide

ACTIVE AGGRESSION

Escalate Force
- Lower force was ineffective
- Lower force would likely be ineffective
- Lifesaving purposes

Deadly Force
Baton
Stunning Strikes
Unconscious Neck Restraint
CED/Taser
Chemical Aerosol

ACTIVE RESISTANCE

Distraction Technique
Controlled Take-Down
Conscious Neck Restraint

Joint Manipulation
Pressure Points
Escort Holds

De-Escalate When
- You can clearly defend or control with less force

PASSIVE RESISTANCE

Verbalization
Presence

†SUBJECT†