

LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

Well-Being Research and Resources

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- Jaffe, David, Bender, Katherine, Organ, Jerome, <u>'It is Okay to Not Be Okay': The 2021 Survey of Law Student Well-Being</u>, University of Louisville Law Review, June 2022
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- Krill, Patrick, Thomas, Hannah, et. al., <u>Stressed, Lonely, and Overcommitted: Predictors of Lawyer Suicide Risk</u>, Healthcare, 2023
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- ABA Commission on Lawyer Assistance Programs
- Institute for Well-Being in Law

Lawyers Concerned for Lawyers

- Lawyers Concerned for Lawyers (LCL) supports lawyers, judges, law students, other legal professionals and their immediate family members on any issue that causes stress or distress, including substance use, mental health, stress, family, and career concerns.
- LCL confidential services include 24-hour crisis response, professional clinical assessments and referrals, interventions, short-term counseling, support groups facilitated by licensed counselors, case management, and peer mentoring and support.
- LCL designs and offers CLE and other programming on well-being, mental-health impairment, stress management and other issues, often for Elimination of Bias or Ethics credit.
- LCL confidentially consults with legal organizations regarding potential impairment and well-being initiatives and resources.