



LAWYERS CONCERNED FOR LAWYERS

Confidential Support for Legal Professionals

Well-Being Research and Resources

- Krill, Patrick, Johnson, Ryan, Albert, Linda, [The Prevalence Of Substance Use and Other Mental Health Concerns Among American Attorneys](#), *Journal of Addiction Medicine*: Jan./Feb. 2016.
- Task Force on Lawyer Well-Being, [The Path to Lawyer Well-Being: Practical Recommendations for Positive Change](#), 2017
- [Well-Being Toolkit for Lawyers and Legal Employers](#), 2018
- Jaffe, David, Bender, Katherine, Organ, Jerome, ['It is Okay to Not Be Okay': The 2021 Survey of Law Student Well-Being](#), *University of Louisville Law Review*, June 2022
- Swenson, David, Bibelhausen, Joan, et al., [Stress and Resiliency in the U.S. Judiciary](#), *ABA Journal of the Professional Lawyer*, 2020,
- Swenson, David, Yetter, Katheryn, [Judicial Stress and Resiliency Survey COVID-19 Update](#), *Court Review*, Volume 57, 2021.
- Anker, Justin, Krill, Patrick, [Stress, drink, leave: An examination of gender-specific risk factors for mental health problems and attrition among licensed attorneys](#), *PLoS One*. 2021 May 12.
- Krill, Patrick, Degeneffe, Nicki, et al., [People, Professionals, and Profit Centers: The Connection between Lawyer Well-Being and Employer Values](#), *Behav. Sci.* 2022, 12, 177.
- [ABA Commission on Lawyer Assistance Programs](#).
- [Institute for Well-Being in Law](#).

Lawyers Concerned for Lawyers

- Lawyers Concerned for Lawyers (LCL) supports lawyers, judges, law students, staff in legal organization, and their immediate family members on any issue that causes stress or distress, including substance use, mental health, stress, family, and career concerns.
- LCL confidential services include 24-hour crisis response, professional clinical assessments and referrals, interventions, short-term counseling, support groups facilitated by licensed counselors, case management, and peer mentoring and support.
- LCL designs and offers CLE and other programming on well-being, mental-health impairment, stress management and other issues, often for Elimination of Bias or Ethics credit.
- LCL confidentially consults with legal organizations regarding potential impairment and well-being initiatives and resources.